



WELLBEING

Te Whare Tapa Whā

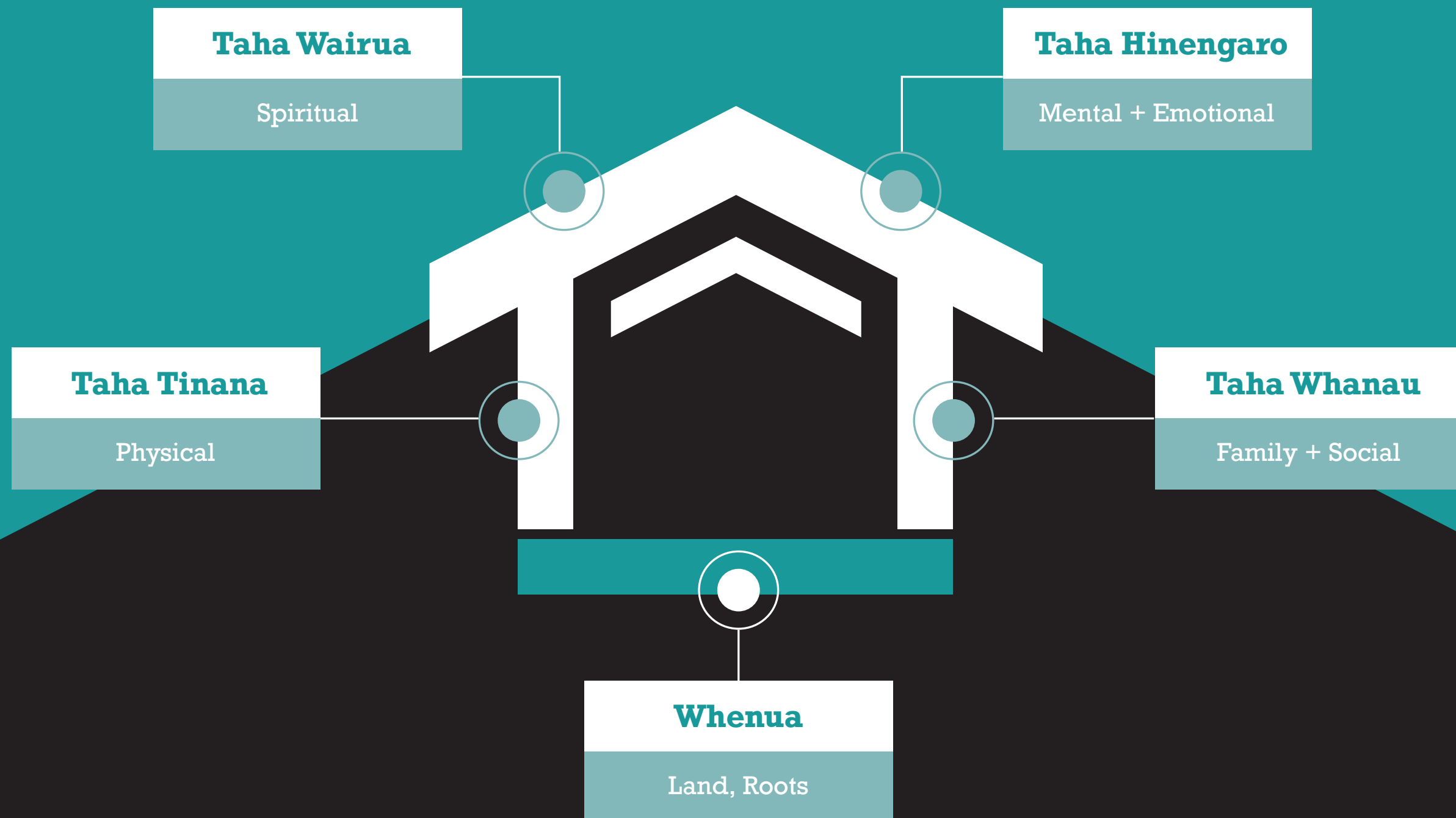
Te Whare Tapa Whā

The Māori Health Model - Te Whare Tapa Whā

(Durie , 1982, 1994) takes a holistic approach to health and wellbeing.

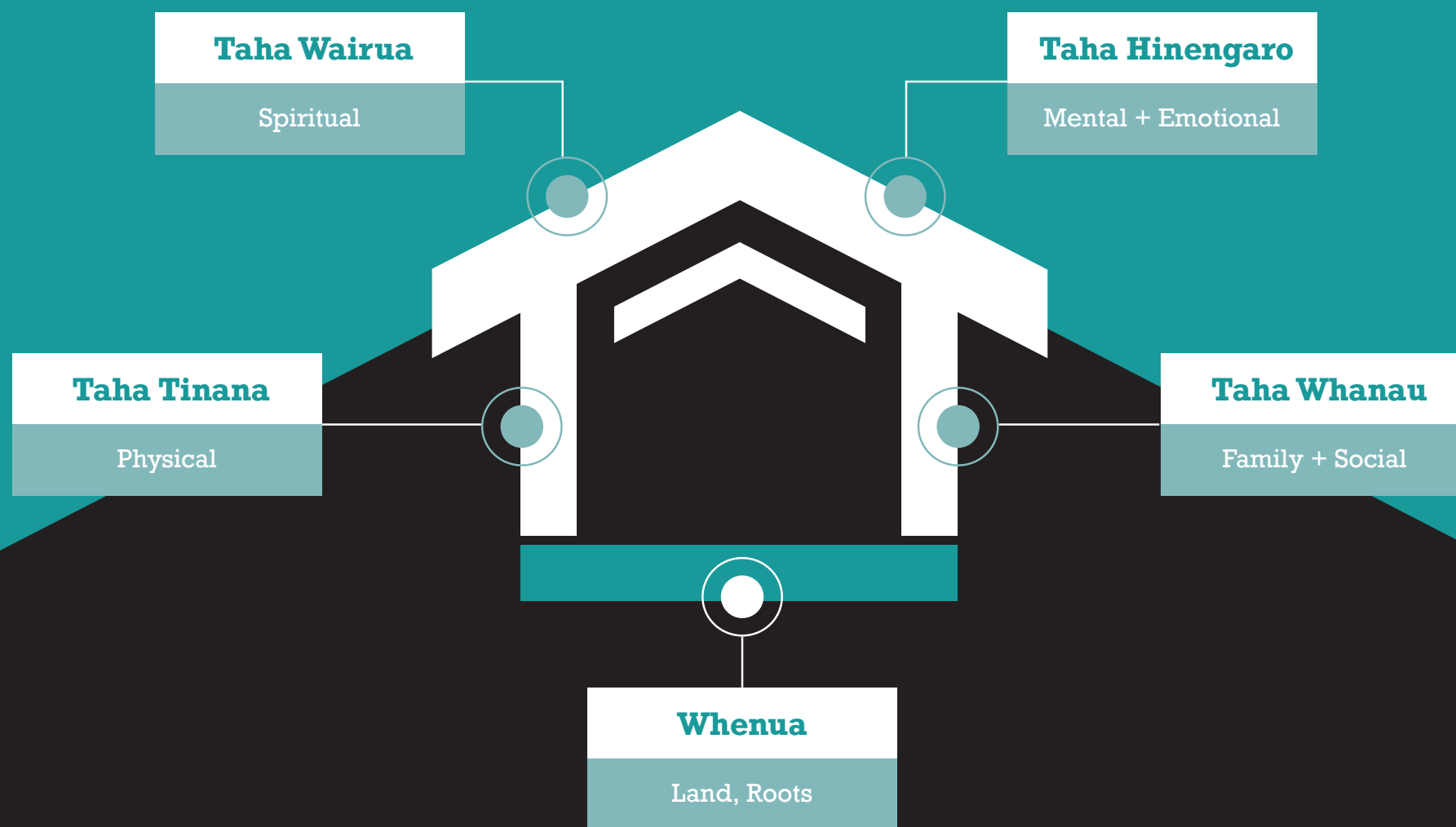
This model recognises the importance of the balances of multiple dimensions of wellbeing.

Each of these interconnects and contributes to the balance and strength of the whole.

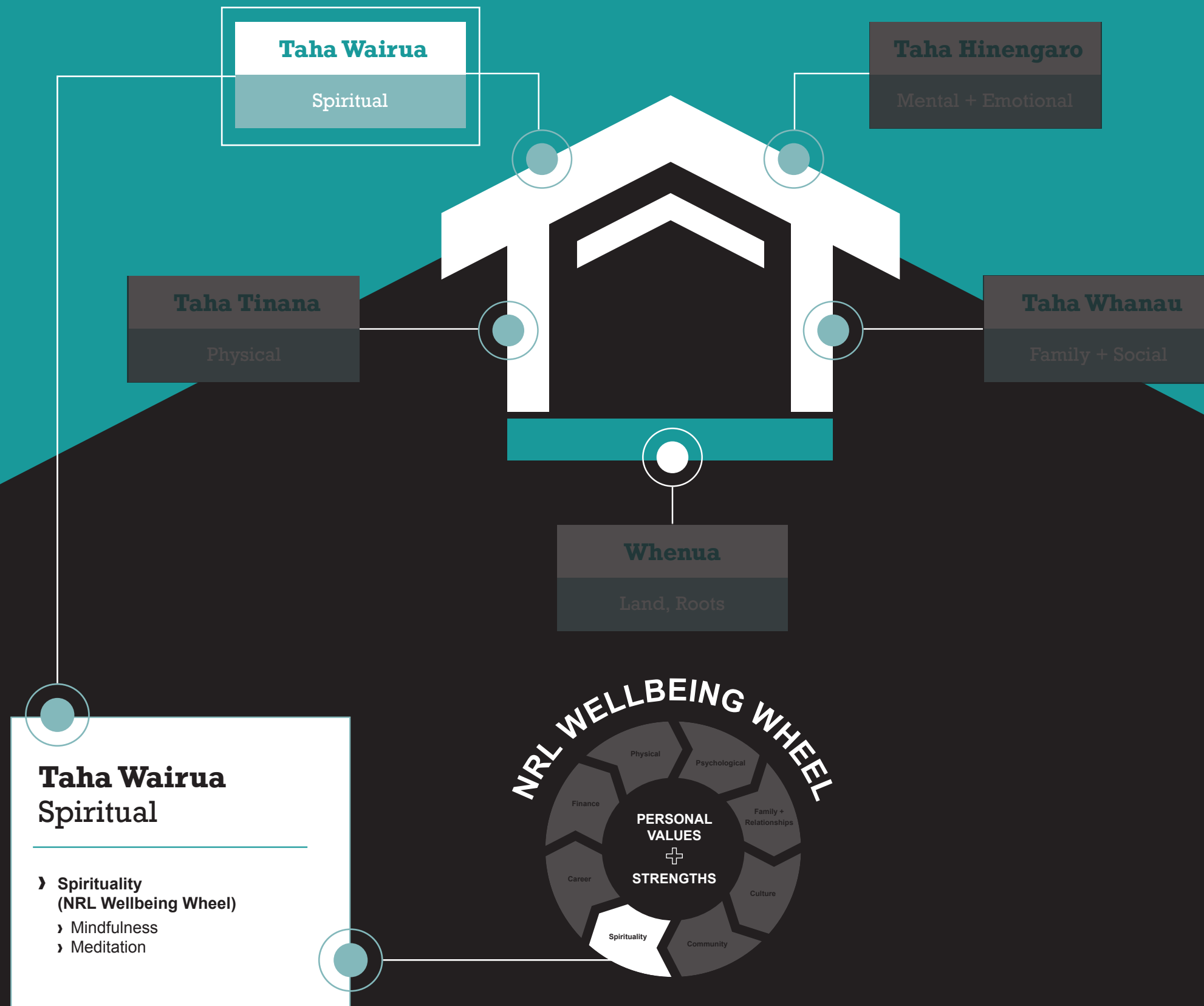




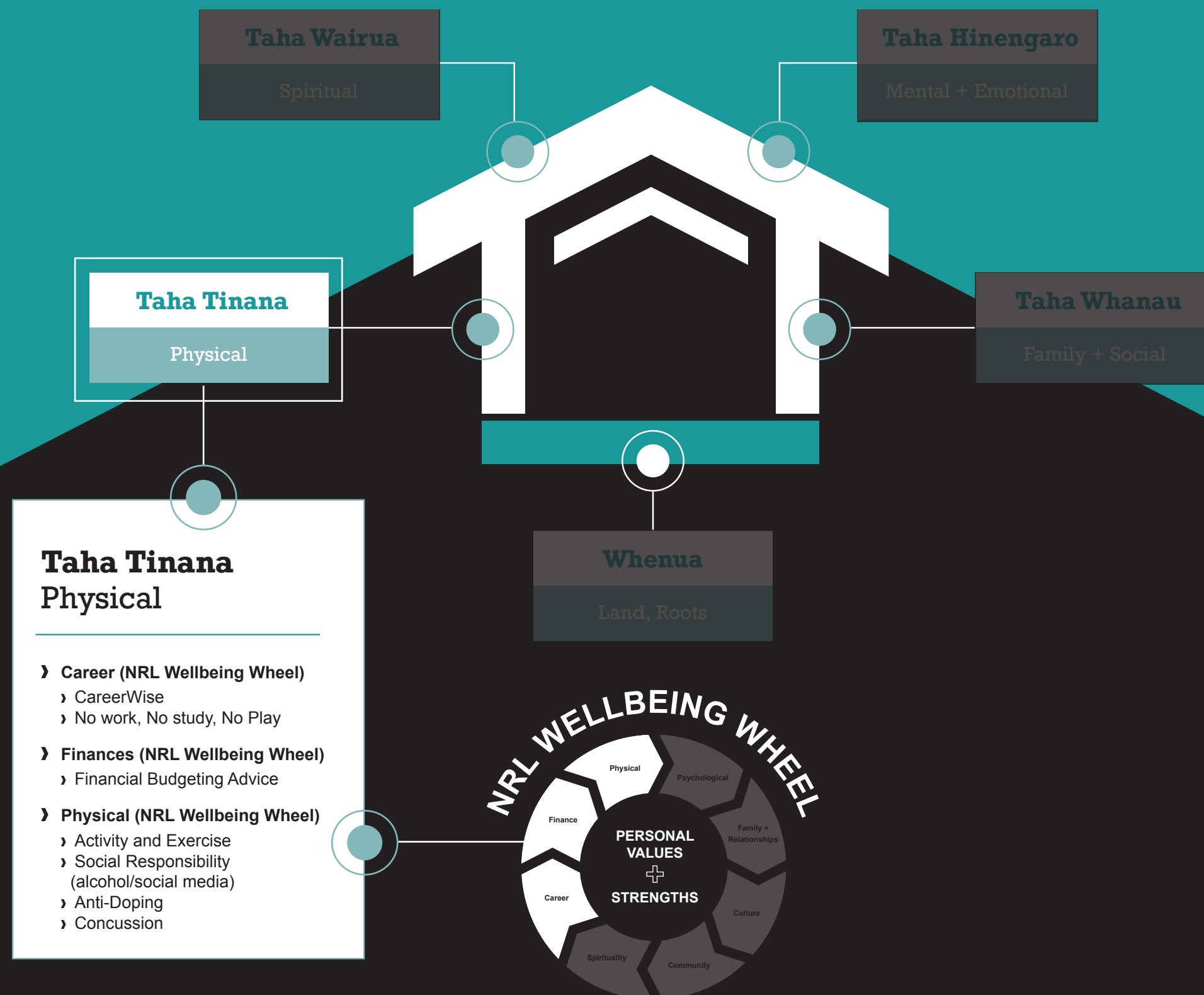
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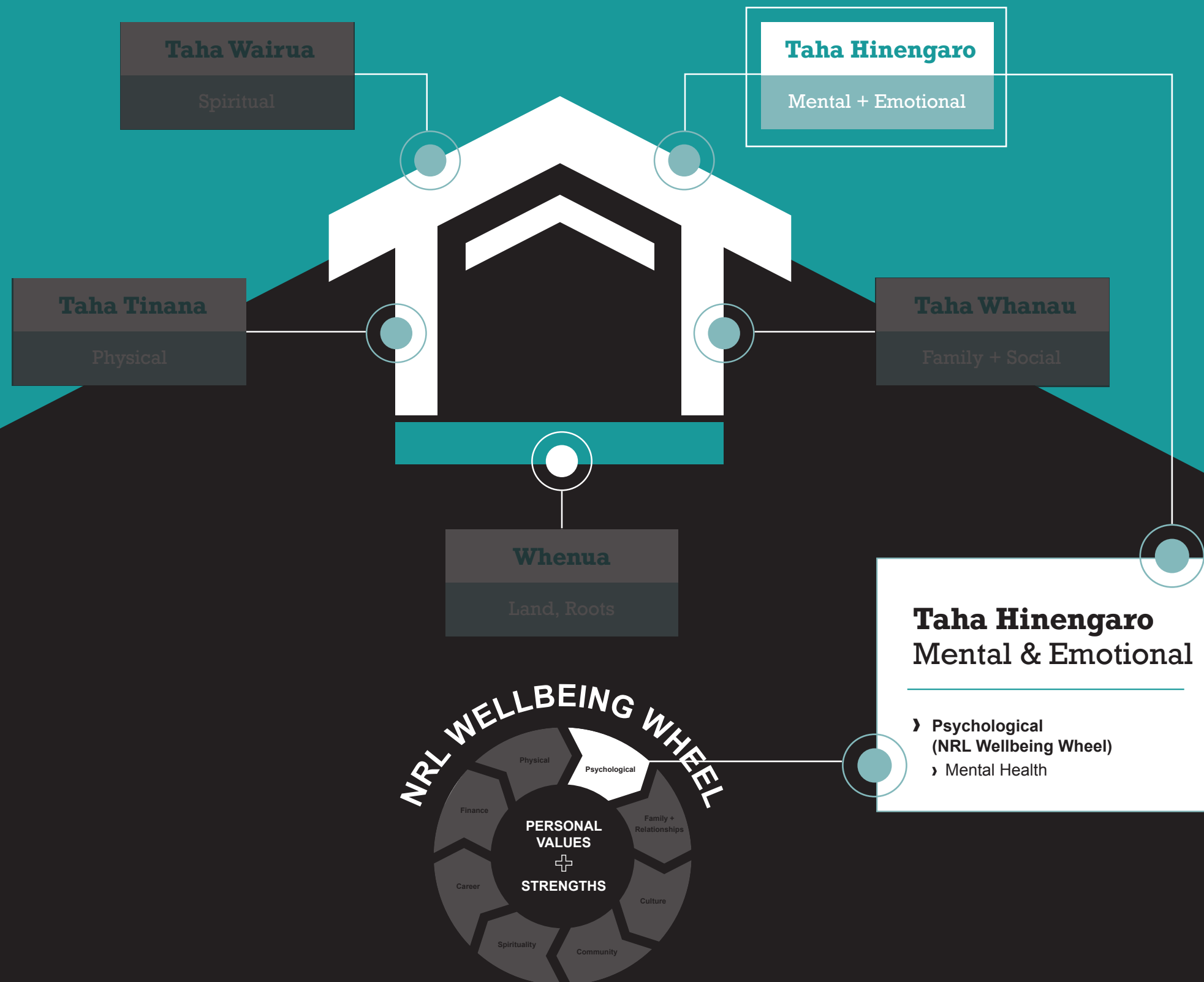
Taha Wairua Spiritual



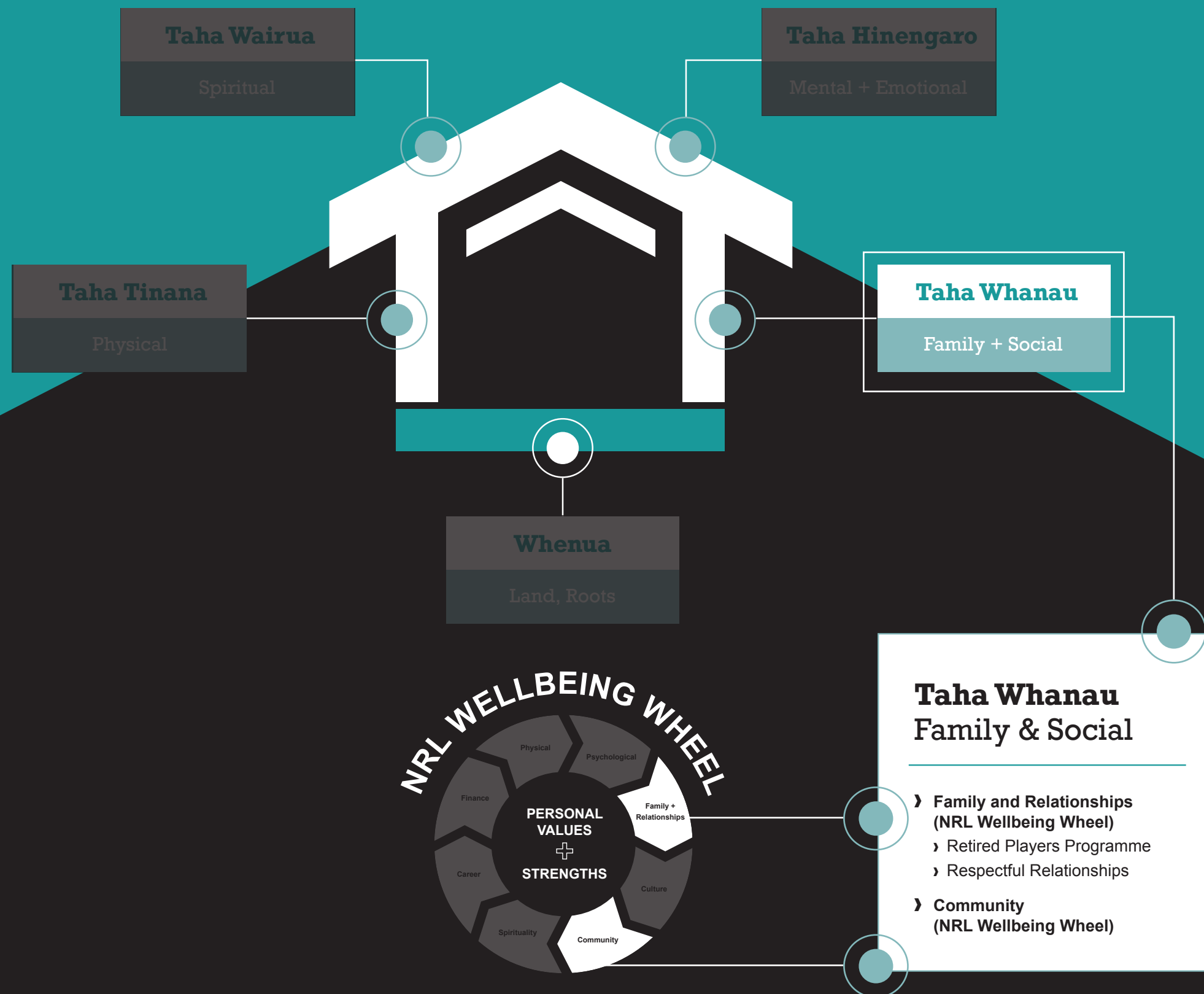
Taha Tinana Physical



Taha Hinengaro Mental & Emotional



Taha Whanau Family & Social



Whenua Land, Roots

