

G	<mark>ti</mark> d SP	ÖRTS SPI	The Good Sports Spin children's sport experie a continuum. Good S Development.	ne is a sense making tool to help ences. The two different 'climates' sh Sports aims to encourage adults to	nould be seen as opposite ends o
	Climate of PERFORMANCE		CHILDREN'S NEEDS	Climate of DEVELOPMENT	
	<u>Examples</u>	Attitudes & Behaviours	MLLDU	Attitudes & Behaviours	<u>Examples</u>
	You got me driving back and forth for you to go out and do absolutely nothing." <i>Kevin, Trophy Kids</i>	<u>Winning & Losing</u> Focus on results Mistakes to be avoided Recognise ability	INSPIRATION Growth Mindset Process focus Coping skills	Effort & Improvement Focus on getting better Mistakes necessary for growth Recognise effort and trying	"If we put in as much preparation as we have in the past then if we get beaten by a crew that's better than us, you've just got to take that on the chin" <i>Eric Murray, NZ Rowing</i>
	"I'm really proud of my daughter but I can't let her know that kind of thing until we get to where we're trying to go." Andre, Trophy Kids	Only the Best Matter Playing favourites Selective support Encouraging gossip & rumour	CONNECTION Support Sense of belonging Trust & fairness	Everyone Matters Including everyone Unconditional support Encourage friendship & care	"Going to races with her is probably what helped her in her youth. Being there with herenjoying it with her" Jan Scott, Mother of Olympic Champion Beckie
	"I think it bothered people that I would set out to create a super athlete" Rob Marinovic, Father of Todd Marinovic	Strict Adult Control Adults make all decisions Mistakes immediately corrected Dismiss children's ideas	EMPOWERMENT Ownership Self-direction	Kids Share Control Children involved in decisions Time to correct own mistakes Recognise children's ideas	He didn't have to follow in his dad's footsteps. He could do whatever sport he wanted as long as he gave it 100%" Dell Curry, father of Steph
	"I'm trying to get that whole training mentality. At 10, 11, 12, 13, 14, he was taking 20- 25 pills a day. " <i>Steve, Trophy Kids</i>	Performance Training Repetitive drills Direct instruction Punishment & reward	PLAY Opportunity Imagination Fundamental movement skills	Learning Through Play Modified games Discovery approach Smart questioning	"Out here I just feel really free. Just hiking around the rocks is really fun to explore. The rock here is so cool!" Ashima Shirashi, World Champion Climber
	"Our goal, as a family, is quite simply to get her to the LPGA Tour." Andre, Trophy Kids	Early Specialisation Single sport focus Year-round training Pressure to select one sport	VARIETY Sampling Appropriate structure	Late Specialisation Trying out multiple sports Balance with school & friends Waiting to select one sport	Gold Medal winning kayaker Lisa Carrington first participated in surf life saving and netball, did not start kayak until 14 and did not focus year round on kayak until 17.

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Climate of PERFORMANCE	BENEFITS & CONSEQUENCES for children's development	Climate of DEVELOPMENT
More likely to EXTRIN		More likely to be INTRINSIC
Greater ris BURNO		Greater chance of ENJOYMENT
Greater chance DROP (Greater chance of LONG TERM PARTICIPATION
Less likely du ISOLATED SKILL FO		More likely to develop BREADTH OF MOVEMENT & SKILLS
GREATER F	NISK OVERUSE INJURY	REDUCED RISK



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